Offshore Special Regulations

Appendix G – Training – C.13 Liferafts & Lifejackets (Practical)

A submission from the Chairman on behalf of the Training Working Party.

Purpose or Objective

Update the Appendix, which was first published in 2002.

Proposal 1

Amend to read:

Session 13   Liferafts and Lifejackets (practical recommend 2 hours)

.1 a pool with a wave-making facility will add realism
.2 trainees to don shirt and trousers plus oilskins and to try swimming first without, then with 150N lifejackets. Majority of exercises with all trainees wearing 150N lifejackets.
.3 inflate a liferaft and transfer a full complement into the raft (a) from the poolside (b) from the water (show difference between boarding with ramp and without): paddle the liferaft for a distance.
.4 capsize a liferaft and have each trainee right the raft whilst swimming
.5 trainees to haul into a raft one survivor who plays helpless
.6 In fully-loaded raft trainees to check out all equipment, including that in grab bag, deploying or using everything including food and water.
.7 trainees to attempt heliograph signalling (using spotlight in roof) from liferaft (more difficult if in wave-making pool).
.8 trainees to operate WT VHF hand-held and WT hand-held GPS talking to instructor as if a rescue vessel.
.9 trainees to try lifejackets both with and without crotch straps in place.
.10 each trainee to experience use of the splashguard in wave conditions.
.11 group to investigate ability of lifejacket to self-right.
.12 forming circle in water to aid visibility/morale – HELP/Huddle techniques
.13 towing an unconscious person
.14 assistance using throwing line to recover nearby survivor
.15 the opportunity of using the pool may be taken to demonstrate MOB modules, Lifeslings, lifebuoys etc.
.16 if a darkened pool is available, demonstrate retro-reflective tape.
17 Trainees who depend on spectacles may consider having an indestructible pair as part of their personal survival kit.

Current Position 1

As above.

Reasons

.6 Pool rafts will not have or would not want to have food and equipment inside.
.17 Not part of practical drill